

July 2025 Penobscot Valley Hospital Specialty Access and Services – Time to New Appointments

To better serve the healthcare needs of our community and patients, we are providing the below information for anticipated times to see new patients and to schedule services with PVH. This is subject to change.

PVH Service	Time for a New Patient Appointment	Phone Number	Referral Fax
Physical Therapy	3 to 4 Weeks	207-794-7228	207-794-4001
Occupational Therapy	2 Week	207-794-7228	207-794-4001
Speech Therapy	12 Weeks	207-794-7228	207-794-4001
Pulmonary Function Test	1 to 2 Weeks	207-794-7245	207-794-6743
Oxygen Testing	1 to 2 Weeks	207-794-7245	207-794-6743
Arterial Blood Gas Draws	1 to 2 Weeks	207-794-7245	207-794-6743
EKGs	1 to 2 Weeks	207-794-7245	207-794-6743
Holter monitors	1 Week from Referral	207-794-7245	207-794-6743
Cardiac 14- Day Event Monitors	1 Week from Referral	207-794-7245	207-794-6743
Cardiac Stress Testing	2 to 3 Weeks from Referral	207-794-7245	207-794-6743
Ultrasound, General	1 or 2 days out - Monday - Friday	207-794-7118	207-794-2834
Echocardiogram Ultrasound	3to 5 Days Out- Monday - Friday		
Bone Densitometry	Next Day - Monday - Friday	207-794-7118	207-794-2834
CT Scanning	Next Day - Monday - Friday	207-794-7118	207-794-2834
General Radiography	Same Day	207-794-7118	207-794-2834
Mammography	1 to 3 days out - Tuesday - Friday	207-794-7118	207-794-2834
MRI	1 to 4 Days	207-794-7118	207-794-2834
Interventional Pain Management	4 Weeks	207-794-7185	207-403-7698
Laboratory Services	Same Day - 48 Hours	207-794-7232	207-794-2825
General Surgery	4 Weeks	207-794-7109	207-794-3315
Penobscot Primary Care	16 Weeks (New Patient Appts)	207-794-3296	207-794-8908
Urology	4 Weeks	207-794-7185	207-403-7698
Podiatry	1 to 2 Weeks	207-794-7203	207-794-7187
Infusion Treatment Rooms	24 to 48 Hours from Referral	207-794-7111	207-794-7297
Orthopedics	4 Weeks	207-794-7185	207-403-7698
Endoscopy	2 Weeks	207-794-7109	207-794-3315
Occupational Health	2 Weeks	207-794-7185	207-403-7698

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Disclaimers

Imaging:

- a. Order meets the need for medical necessity
- b. Please provide a copy of the authorization/information stating that an authorization is not necessary.
- c. Date when the last exam was performed. i.e. 1 year since last Mammogram

Laboratory:

- d. Most labs are walk-ins. Therapeutic phlebotomies MUST be scheduled.
- e. DOT/Non-DOT drug screen collections we prefer to be scheduled. Walk-ins are available (with possible
- f. wait time).
- g. Call ahead to make sure we have your order, if necessary.
- h. Must meet Medical Necessity.

Direct Book Endoscopy Referral Requirements:

- i. Referral sent by PCP
- j. Previous Surgical Procedures
 - a. Colonoscopy
 - b. EGD
 - c. Hernias
 - d. Cholecystectomy
 - e. Appendectomy
- k. Pathology
 - a. Any pathology related to the above surgical procedures
- l. Recent Labs (within the last 6 months)
 - a. All recent imaging (CT, MRI, Xray, etc.)
 - b. Abdominal (all if pertaining to why patient is being referred)
 - c. Head (within the past year)
 - d. Chest (within the past year)
 - e. Manometry (all records with any date)
 - f. Barium Swallow (all records with any date)
 - g. Heart (within the last 2 years)